

Network Safeworking Rules and Procedures

Setting Back or Propelling on **Running Lines**

Rule Number: 4015

Arc Infrastructure maintains the master for this document and publishes the current version on the Arc Infrastructure website. All changes and updates to the Network Safeworking Rules and Procedures are authorised by the Arc Infrastructure Rule Book Committee. This document is uncontrolled when printed.

Table of Contents

1.	Purpose	3
2.	General	3
3.	Authorities	3
3.1	Setting back to Attach a Portion of Parted Rail Traffic	3
3.2	Setting Back – Unable to Proceed in the Normal Direction	3
	3.2.1 Automatic Signalling sections	3
	3.2.2 Train Order Territory	3
3.3	Setting Back at Stopping Places	4
3.4	Propelling During Shunting	4
4.	Assurances	4
4.1	Authority Details	4
5.	Conditions for Setting Back or Propelling	5
5.1	Rail Traffic Crew	5
5.2	Level Crossings	6
6.	References	6
7.	Effective Date	6

1. Purpose

The objective of this rule is to describe how *Rail Traffic* is managed when it is required to *Set Back* or *Propel* on *Running Lines* in the *Network*.

2. General

Rail Traffic may need to Set Back or Propel if:

- the forward portion of *Rail Traffic* is *Set Back* or *Propelled* towards a stationary portion of *Rail Traffic*;
- a Limit of Authority is overrun;
- it cannot continue in the forward direction;
- a Stopping Place has been partially or completely overrun and it is necessary to return to the Stopping Place;
- an unsafe condition is encountered; or
- Shunting operations are required on Running Lines.

3. Authorities

Signals, if available, must be used to give Proceed Authorities.

3.1 Setting back to Attach a Portion of Parted Rail Traffic



WARNING: An appropriate *Authority* is required if the rear portion is beyond a *Controlled Location*.

The verbal authority of the *Network Controller* is required before *Setting Back* on a *Running Line* if the forward portion of *Rail Traffic* is to *Set Back* towards a stationary portion of the *Rail Traffic*.

3.2 Setting Back – Unable to Proceed in the Normal Direction

Rail Traffic may need to be Set Back if it cannot continue in the forward direction.

3.2.1 Automatic Signalling sections

In Automatic Signalling Sections the movement back is authorised by the Network Controller by the issue of a Relief Rail Traffic Authority (RRTA) on an Alternative Movement Authority Form and where possible signal indication.

3.2.2 Train Order Territory

In *Train Order Territory* the movement back is permitted where the *Rail Traffic Crew* are in possession of a *Train Order* and verbal permission from the *Network Controller* is obtained. The movement must not exceed the limits of the *Train Order*.

3.3 Setting Back at Stopping Places

Rail Traffic may need to be Set Back if an overrun of a Stopping Place occurs.

The verbal *Authority* of the *Network Controller* must be obtained to *Set Back* and a *Competent Worker* must be in attendance to ensure the move is safe.

3.4 Propelling During Shunting

Propelling during Shunting on Running Lines requires an appropriate Authority from the Network Controller.



NOTE: In *Train Order Territory* the *Rail Traffic Crew* must be in possession of a *Train Order* for movements outside *Station Limits* or beyond the Limit of *Shunt* signs where provided.

4. Assurances

Before Authorising the movement, the Network Controller must:

- ensure the portion of Track into which the movement is to Proceed is Clear of Rail Traffic;
- where available, apply Blocking Facilities; and
- ensure current Track Occupancies or methods in affected Sections are Fulfilled or worksites are Protected.

4.1 Authority Details

An Authority Issued to Rail Traffic for a Set Back or Propelling movement must specify the Location to which Travel is Authorised.

Conditions for Setting Back or Propelling

Rail Traffic must Set Back or Propel only:

- if it is not practicable to Haul the Rail Traffic; and
- as far as the Authority to Propel allows.

Where practicable the Rail Traffic Crew must drive from the leading end of Rail Traffic.

The Competent Worker directing the Set Back or Propelling movement must:

- closely accompany or precede the leading vehicle; or
- ride in the leading vehicle in a position designated as safe by the operator and approved by *Arc Infrastructure*.

Effective Communication must be in place between the Competent Worker and the Rail Traffic Crew.

Where verbal commands are used to direct *Rail Traffic* movements, the *Competent Worker* directing the movement and the *Rail Traffic Crew* must communicate at agreed intervals.

If communication between the *Rail Traffic Crew* and the *Competent Worker* directing the movement is interrupted, the crew must stop the *Rail Traffic* immediately.

5.1 Rail Traffic Crew

The Rail Traffic Crew must:

- ensure that the movement is *Authorised*:
- if available, ensure the *Automatic Brake* connection is continuous throughout the *Rail Traffic Consist* and that the brakes on the leading vehicle are operating;
- make sure that the movement does not exceed its Limit of Authority; and
- not exceed Restricted Speed.

5.2 Level Crossings

At Active Control Level Crossings, a Setting Back or Propelling movement must not proceed unless the warning equipment is operating or Level Crossing Protection is in place.

At Passive Control Level Crossings, a Setting Back or Propelling movement must not proceed unless the Crossing is Clear, or road and pedestrian traffic has stopped.

A movement over the Crossing must:

- be directed by a Competent Worker,
- not Proceed before it is safe to do so; and
- not exceed 10 kph before the leading vehicle has Cleared the Level Crossing.

6. References

Nil

7. Effective Date

21 November 2022